

# STUBBINGTON KARATE ACADEMY Newsletter



Visit our club web site: [WWW.STUBBINGTONKARATE.CO.UK](http://WWW.STUBBINGTONKARATE.CO.UK)

April 2005

## APRIL BIRTHDAYS

Tess Wood, Anna MacDonald, Chris Yeates, Jack Mullen, Jordan Ryan, Troy Kelly, Niamh Glackin-Brown, Thomas Masson & Thomas Richards.

Happy Birthday to you all.

## Students of the Month

Infants: Alex White has the Infant award for all his determination with his kicking techniques.

Junior: Emma Busby is awarded the junior trophy for all her efforts throughout March

Cadet: Steven Dalglish is Cadet of the month for his Kata improvements.

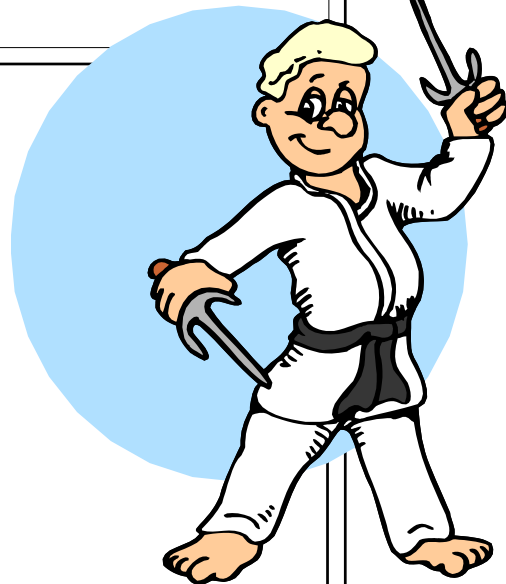
Special mentions: Adam Winiarczuk, Daniel Cullen, James Zealley, Kirby Pollard, Jonathan Swann, Victoria Goodsell, Cameron Temperley, Minky Buckland, Matthew John, Harvey Reynolds, Daniel Priestley and Toron Kneller.

## BBQ

The Academy BBQ is finally set and will be held at the Royal Victoria Country Park on Sunday June 12th. All students of the Academy and their families are wel-

come to come along. I will have a limited amount of free parking permits nearer the time but these will be on a first come first served basis.

The BBQ will be available from 11am—5pm so all you need to bring is the food you wish to cook!! Hopefully the weather will be kind to allow us to hold the usual games in the adjoining field.



## MARCH GRADING

Well done to all the students who took part in last month's grading. Generally the standard was very good but I would like to stress that if you wish to achieve higher grades then either additional training at the dojo should take place or home practice should be done whenever possible. Once again well done to you all.



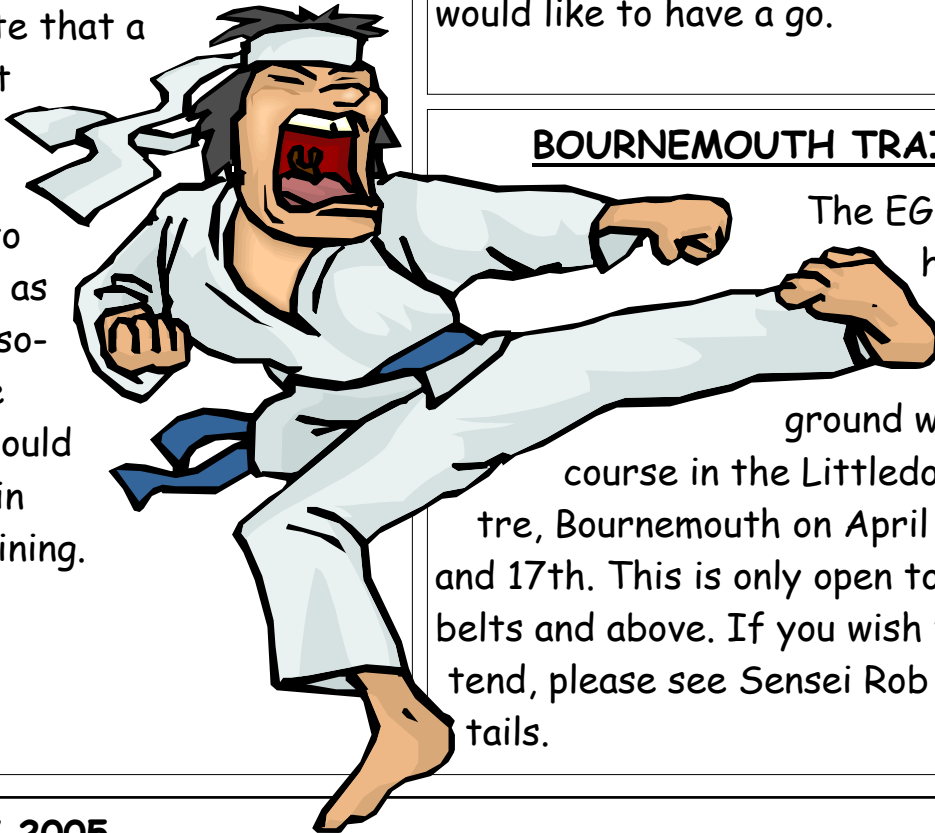
# STUBBINGTON DOJO



## License Renewals

**License Renewals in April:** Alex Speed, Matthew Johnson & Jemima Holt.

Parent should note that a license is not just for grading purposes, it affiliates students into the EGKA as well as covers on the Association Insurance and therefore should be obtained within one month of training.



## Pictures

I have a supply of Karate coloring pictures for those students who would like to have a go.

## BOURNEMOUTH TRAINING

The EGKA is holding a sparing/ground work course in the Littledown Centre, Bournemouth on April 16th and 17th. This is only open to blue belts and above. If you wish to attend, please see Sensei Rob for details.

## DIARY 2005

APRIL	Cadet Weapons Training 8.30—9.30	Sunday 3rd
APRIL	Bournemouth Training	Sat 16th & Sun 17th
APRIL	Cadet Weapons Training 8.30—9.30	Sunday 24th
MAY	Cadet Weapons Training 8.30—9.30	Sunday 24th
JUNE	Black Belt Grading, Bournemouth	Sat 4th & Sun 5th
JUNE	Academy BBQ 11.00am—5.00pm	SUN 12th
JULY	Grading 9.00—11.30	Saturday 2nd
NOVEMBER	Grading 9.00—11.30	Sunday 6th



