

STUBBINGTON KARATE ACADEMY Newsletter



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July 2006

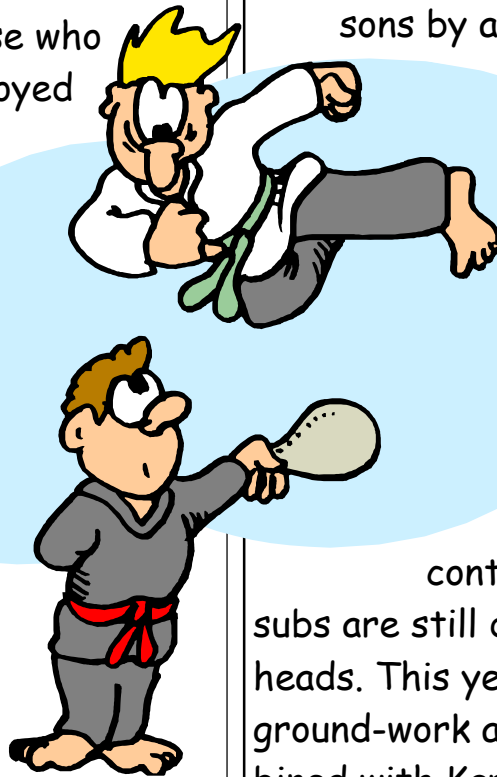
Academy BBQ

Thank you to all those who came to this years BBQ. Not quite as many attended as thought would but I think this was down to the England football team!



I'm sure those who did come enjoyed it and gen-

eral opinion is that we do the same again next year too, maybe to allow a re-run of the water fight at the end of the day



Summer Training

That time of year is upon us all once again. I'd just like to remind parents that the club does *not* close throughout the holiday period. I understand that students may be absent for a few weeks, but is customary for students to make up the missed lessons by attending extra on their return.

Cadet classes will stop as from 15th July and will resume in the first week of September. *All other classes* remain unchanged.

In order for the club to continue through the holiday, subs are still due in order to pay our overheads. This years training "theme" will be ground-work and locking techniques combined with Karate self defense.

July Birthdays

Dan Minshull, Alex Austin, Fiona Harrison, Gemma Truslove, Harvey Reynolds, Jake Smith, Natan Luker, Helen Edwards, Catherine Boston, Connor Osborne, Gabe Pickering, Harry Winkworth, Oliver Dewane & Charlotte Tomaney. A happy Birthday to you all from all at the Dojo.



STUBBINGTON DOJO



JUNIOR & CADET GRADING

The second grading was held on Saturday 24th and was very well attended, not only by Stubbington students but several from the Hedge End dojo came to test here too. Generally the standard was very good but some knew they could have done better. Due to the large number in the hall I have decided to revert to the old system of grading so in November we will have 2 separate gradings, one for lower grades & the other for senior grades (these will be announced nearer the time. In order for the lower grades to experience what the higher grades can do (and aspire to be) I will attempt to put together a small demonstration team that can do a short display between these two gradings.

Students of the Month

Infant: Daniel Preistley for his continued efforts in class.

Junior: Samuel Venn for his sparring and kicking improvements

Cadet: Catherine Ward for her sparring

Special Mentions: Catherine Boston, Adam Winiarczuk, Ed Batchelor, Natalie Hunt, Phobe Gill, Henry Gill, Gemma Truslove, Owen Maynard, Kira Butler, Douglas Johnson, Ethan Barnard & Emma Davis

DIARY 2006

AUGUST	Cadet Weapons Training	Sat 5th 8.30am—9.30
SEPT	Academy Championship	TBC
SEPT	Cadet Weapons Training	Sun 24th 8.30am—9.30
NOVEMBER	Cadet Weapons Training	Sun 19th 8.30am—9.30
NOVEMBER	Grading—Stubbington	Sat 25th 8.30am—11.30
DECEMBER	Last Class Juniors 2006	19th 5pm—7.00pm
DECEMBER	Last Class Infants 2006	20th 4.30pm—5.55pm