

STUBBINGTON KARATE

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July 2008



June Grading

Well done to all those who attended the second grading of 2008. Although on the whole the grading was very good I was especially please with some of the lower belts who were very confident in all that they were asked to do on the day. Well done once again to everyone and I look forward to seeing what you can achieve in the November test.



EGKA Training Weekend— Bournemouth

The Summer EGKA training weekend was a great success from the Academy's viewpoint. We entered 5 students for Senior ranking grades and all students passed! Well done to Michael Dalrymple who achieved his Senior Ni Dan (2nd Dan), his brother Peter Dalrymple who was awarded Junior Ni Dan (2nd Dan), both Ben Solly and Adam Winiarczuk who have become our latest junior black belts and of course Theo Carpenter who in now just one grading away having been awarded 1st Kyu. An exceptional amount of hard work went into their preparation and all were a credit not only to themselves but to the Academy. I'd also like to thank the students who went along to support the candidates and to the junior contingent who attended the Sensei Nick & Sensei Steve Kumite course. Great turn out, loads learnt!

Summer Training Classes

As usual, during the summer holiday period the Cadet classes will close. This is done to allow the junior class on a Tuesday to train with senior grades and give the lower members of the Academy the chance to train along side students who they hopefully aspire to be like. Therefore on Tuesday 22nd July there will only be one class for all Tuesday students. The Cadet class will recommence on Tuesday 9th Sept. All other classes will remain at their usual times.



STUBBINGTON DOJO



June Students of the Month

Infant: Sam Estall for hard work and effort

Junior: Alex Boston for his Kata improvements

Cadet: Tom Constance for Kata & Kumite improvements

Special Mentions: Alex Austin, Harvey Austin, Amy Fisher, Chad Kelly, Paolo Sait, Lila Duckworth, David Toone, Anna Worton, Ed Prentice, Charlie Hooper, Troy Kelly & Sam Estall

Southern Counties Championship

There will be a Southern Counties Championship in July of this year at the Little-down Sports Centre in Bournemouth. Last year we didn't attend due to the late notification of the event. The Academy has attended several times and we have done very well. Entry forms will be available from Sensei Rob as soon as they are released. Please express your interest so that we can plan for the event in due course.

July Birthdays

Happy Birthday to all those who have a birthday in July. Alex Austin, Daniel Minshull, Phobe Gill, Russell Churcher, Dam Wimble, Emma Lockett, Gemma Truslove, Jemima Digweed, Victoria Nightingale, Ben Vaughan, Connor Osborne, Dan Hinselwood, Joseph Adamson, Oscar Millerchip, Best wishes from all at the dojo.

DIARY 2008

JULY	Last Cadet Class before Summer	Tues 15th
Sept	Cadet Class restarts	Tues 9th
SEP	Weapons Training	Sun 14th 8:30am—9:30am
OCT	Weapons Training	Sun 12th 8.30am—9.30am
NOV	Stubbington Grading	Sat 15th 9:00am—11:30am
NOV	Weapons Training	Sun 23rd 8:30am—9:30am