

STUBBINGTON KARATE

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March 2008



March 8th Grading

The first grading of 2008 will be held on Saturday 8th March

The grading will be split into 2 groups as follows:

White Belt—Green Belts 9.00am—10.00am

Blue Belts— Brown Belts 10.15am—11.30am

Students will undergo some aspects of their grading in the week leading up to the event, in an attempt to keep the structure of the test focused.

Each of the two tests will start promptly so early arrival is essential. Blue Belts and above should register outside to hall and wait quietly until the dojo has been cleared before entering. As usual spectators are welcome but seating is on a first come first served basis. This grading does not affect Infants Class of the Academy.

Sensei Nick Course—Hedge End Dojo

So far I have had quite a poor response to the special course being taken by Sensei Nick, which is unfortunate as there are not many places left and I know that our students would enjoy this course on so many levels.

Sensei Nick has over 25 years experience and is best known for his Championship record when he fought for the England team. This course will be based around Ground Work and Kumite Techniques. Students aged 7 or Red belt upwards may attend. All students that attend my Adult class should attend the Adult session as detailed below in order to gain the most benefit from the class:

Junior Class (7yrs + or Red Belt) 1:00pm—2:15pm £5.00

Adults / Cadets 2:30pm—4:30pm £12.00

Please can you return the slip below **ASAP** and secure your places.

Sensei Nick Course Administration Form

Name: Will be attending the
Junior / Adult (delete as appropriate) Session on Sunday 16th March at the Hedge End Dojo.

I attach £5 / £12 (delete as appropriate) for the course and understand that this unfortunately cannot be refunded.



STUBBINGTON DOJO



February Students of the Month

Infant: Nick Cook for his Mawashi Geri techniques

Junior: Jamie Nevin for his kata

Cadet: Alexander Speed for his kumite

Special Mentions: Emma Davies, Abbi Grace, Hannah West, Samuel Venn, Steven Davis, Thaddeus Duckworth, Kira Butler, Lewis Terret, Henry Mallen, Paolo Sait, Tom Fairs & Erin Macneil.

Community Centre Memberships

Would all parents and students be reminded that your CCA membership is now due for renewal as from August 1st 2007. It is imperative that this is made current as quickly as possible in order for the Academy to maintain it's current hall rental rate.

Forms are available at the front office however if you return your 2005/2006 card the renewal process can be made considerably easier.

March Birthdays



Happy Birthday to all those who have a birthday in March, Danielle Keenan, Harvey Austin, Matthew John, Sam Tyler, Fran Ilott, John Shuttleworth, Amalie Chantry-Jowell, Emma Davis & William Tanner.. Best wishes from all at the dojo.

DIARY 2007

JAN	Academy Re-Opens	Tues 18th
FEB	Weapons Training	Sun 3rd 8:30am—9:30am
MAR	Grading	Sat 8th 9:00am—11:30am
MAR	Weapons Training	Sun 9th 8:30am—9:30am
MAR	Sensei Nick Course Hedge End	Sun 16th 1:00—4:30pm
APR	Weapons Training	Sun 6th 8:30am—9:30am
MAY	Weapons Training	Sun 18th 8:30am—9:30am
JUN	Grading	Sun 22nd 9.00am—11.30am
JUN	Weapons Training	Sun 29th 8:30am—9:30am
SEP	Weapons Training	Sun 14th 8:30am—9:30am
OCT	Weapons Training	Sun 12th 8.30am—9.30am
NOV	Grading	Sat 15th 9:00am—11:30am
NOV	Weapons Training	Sun 23rd 8:30am—9:30am