

# STUBBINGTON KARATE

WWW.STUBBINGTONKARATE.CO

November 2007



## November Grading

The Last grading of 2007 will be held on Saturday 24th November

The grading will be split into 2 groups as follows:

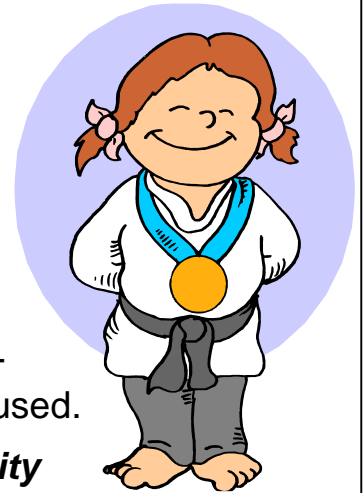
White Belt—Green Belts 9.00am—10.00am

Blue Belts— Brown Belts 10.15am—11.30am

Students will undergo some aspects of their grading in the week leading up to the event, this will include pad work and some preliminary ground work in an attempt to keep the structure of the test focused.

**All students are required to bring a license including Community Centre Membership, clean white Gi, £15 grading fee and Mitts if owned.**

Each of the two tests will start promptly so early arrival is essential. Blue Belts and above should register outside to hall and wait quietly until the dojo has been cleared before entering. As usual spectators are welcome but seating is on a first come first served basis. This grading does not affect Infants of the Academy.

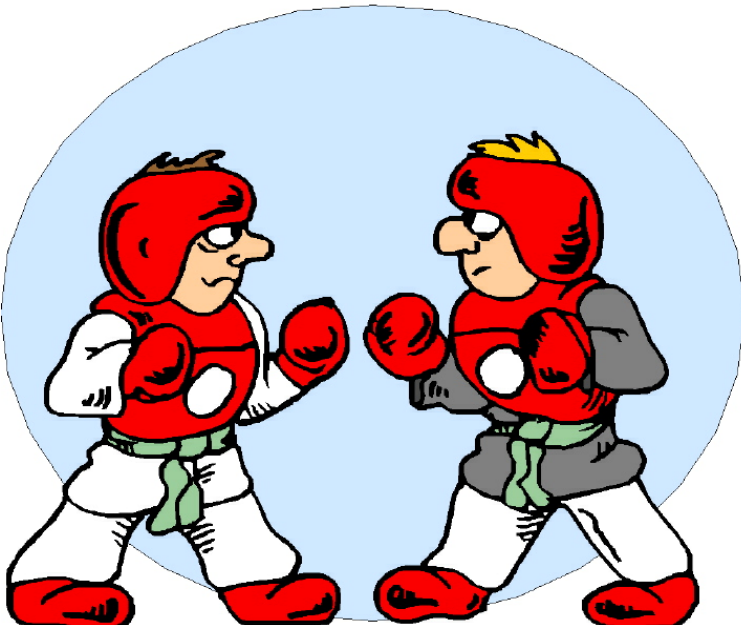


## BRING A FRIEND WEEK

Some students have expressed a request to bring their friends along to a training session where they can enjoy an evenings session without committing to joining the Academy. I have agreed since I firmly believe this will allow existing students the chance to demonstrate their abilities to friends that have limited insight into what students do. I have set aside the entire week of the 5th and 6th November. Therefore any students that wish to bring friends along are free to do so.

The Cadet class will be focusing on their

Karate Circuit training but all other classes will be using the all dojo equipment we have. I look forward to what should be an enjoyable & different weeks' training.





# STUBBINGTON DOJO



## October Students of the Month

**Infant: Tom Fairs for his efforts and hard work n class**

**Junior: Charlie Hooper for her continued improvements.**

**Cadet: Gregory Johnson for his Kumite improvements**

Special Mentions: Erin MacNeil, Emma Davis, Tom MacDonnald, Thaddeus Duckworth, Tom Rogers, Paolo Sait, Emily McKnight, Reece Butler, Lewis Fisher, Lauren Stokes, Kieran Baber & Natalie Hunt.

## Community Centre Memberships

Would all parents and students be reminded that your CCA membership is now due for renewal as from August 1st 2007. It is imperative that this is made current as quickly as possible in order for the Academy to maintain it's current hall rental rate.

Forms are available at the front office however if you return your 2005/2006 card the renewal process can be made considerably easier.

## November Birthdays

Happy Birthday to all those who have a birthday in November Alex Boston, Paolo Sait, Siobhan Tucker, Hannah West, Tom Constance and David Toone. Best wishes from all at the dojo.

## DIARY 2007

<b>OCT</b>	<b>Cadet Weapons Training</b>	<b>Sat 27th 8.30am —9.30am</b>
<b>NOV</b>	<b>Bring a Friend Week</b>	<b>Tues 5th &amp; Wed 6th</b>
<b>NOV</b>	<b>Grading</b>	<b>Sat 24th 9:00am —11:30am</b>
<b>DEC</b>	<b>Cadet Weapons Training</b>	<b>Sat 15th 8.30am —9.30am</b>
<b>DEC</b>	<b>Last Class of 2007</b>	<b>Wed 19th</b>