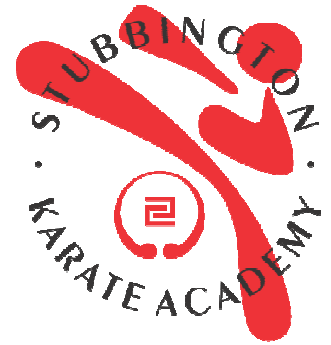


# Stubbington Karate Academy Newsletter

September 2010 WWW.STUBBINGTONKARATE.CO.UK



## Junior Classes

With the progression of some Juniors /Cadets moving to the Adult class there are now available spaces in both classes available on both Tuesday & Wednesday evenings - if parents know of friends or family that would like to fill these places please feel free to let them know to allow them to attend for their trial lesson.



## Well Done

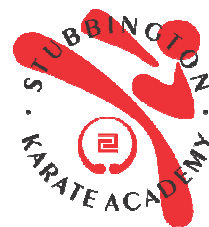
A special well done to all students who managed to squeeze in some training during the Summer Holiday period. I hope you enjoyed the varied classes as much as we have teaching them. Great Job!!

## Community Centre Memberships 2010

As a gentle reminder to all parents, we are obligated by the CCA to ensure all students have a CCA membership if we are to continue to retain our affiliated membership rates. Although the CCA increases their rates every year by a minimum of between 3% and 5% yet I have always managed to keep our rates the same until totally necessary (which is about every 3 or 4 years) but this can only be sustained providing we are all CCA members.

Membership forms can be completed at the Community Centre front desk and should not go through the dojo. Usually the CCA give me a list of outstanding members but this year it would be great if we could all renew / join before they hassle me.

Why not email Sensei Rob? [Rob@stubbingtonkarate.co.uk](mailto:Rob@stubbingtonkarate.co.uk)



## Achievement Badge Scheme

The next badge award we will be doing is Mae Geri (My Geri—front kick). All students have been briefed in what is required for them to obtain this badge and although it is the most basic of the kicking techniques, we are going to be quite stringent with the awards so please encourage those participating to practise at home as much as they can. Any parents wishing to know a little more as to what we will be looking for can speak to Sensei Ron or Sensei Will for clarification. Remember, the stickers for students' booklets are free however if they wish to add the badge to their Gi, these are £1

### August Students of the Month

Students of the month are:

**Infant: Jessica Wilson for hard work**

**Junior: Oliver Schnable for his great efforts throughout August**

**Cadet: Gregory Johnson for overall efforts**

Special Mentions: Aaron Middleton, Mitch Barrett, Ed LeadBeater, Ian Leadbeater, Elliot Osborne, Lewis Fisher, Amy Fisher, Jamie Nevin, Emily McKnight, Ella Wilson, Jacob Schnable & Kian Bundy

### Diary 2010

- Nov Sunday 21st Grading  
9:00am—11:00am

### Junk / Spam Mail

Some parents have said that the newsletter emails are going straight to the junk folder. Can you please check and allow our mails as we will be phasing out paper newsletters soon

## September Birthdays

Happy Birthday to all those who have a birthday in September and a special belated birthday wish for Ed Leadbeater who had his birthday in August but was sadly missed off of August's list (apologies): Blair Norris, Chad Kelly, Mitch Barrett, Sean Pitt, Aaron Middleton, Sam Estall, Josh Prescott, and Louis Grylls-Alison